

PROFESSIONAL CONDUCT

Section 201 - All naturopathy interventions are limited by law as to what they can and cannot do:

- a. Unless governmental regulations state otherwise, all naturopathy interventions can only be used to help clients heal themselves; but
- b. Licensed medical doctors, chiropractors, dentists and veterinarians may use any naturopathy intervention for any purpose allowed by their license; and
- c. Licensed homeopaths, oriental medicine practitioners, nurses and psychotherapists may use any naturopathy intervention for any purpose allowed by their license; and
- d. In some jurisdictions, licensed or certified homeopaths and other certified professionals may use any naturopathy intervention for any purpose allowed by their license (it is the responsibility of the therapist to determine if and when such laws apply); and
- e. Any licensed traditional naturopath working under the supervision of any licensed person may provide such allowable services as that licensed provider requests.

Section 202 - The use of naturopathy interventions is contraindicated under specific circumstances:

- a. Naturopathy is contraindicated for individuals with seizures and who experience seizure activity; and
- b. Naturopathy is contraindicated for individuals who are unwilling or unable to understand the general instructions for naturopathy interventions including individuals with excessive behavioral problems or low IQ; and
- c. Certain naturopathy interventions are contraindicated for those individuals who have experienced serious negative side effects from the same or similar naturopathic interventions in the past; and
- d. Naturopathy is contraindicated for those clients under the care of a Medical Doctor, Dentist or Psychotherapist for the same or similar complaints without the permission of this provider.

Section 203 - All naturopathy interventions may cause deleterious side effects:

- a. Anxious, depressed or angry clients may experience an increase in their anxiety, depression or anger during a naturopathy intervention; and
- b. Clients recovering from addictions may experience extreme anger, depression or grief during a naturopathy intervention; and
- c. Other deleterious side effects are theoretically possible; and

- d. All approved educational agencies are instructed to teach candidates how to handle these situations when they arise; and
- e. Licensed Traditional Naturopaths are required to take appropriate action immediately whenever any deleterious side effects are observed in any client; and
- f. Licensed Traditional Naturopaths unable to help any clients through these temporary side effects are required to refer those clients to an appropriate professional.

Section 204 - All naturopathy interventions may cause unexpected beneficial side effects:

- a. Research indicates naturopathy may be unexpectedly effective or cause a placebo recovery for some medical, psychological, dental and veterinary illnesses, diseases and conditions; and
- b. The literature suggests naturopathic interventions may result in a reduction of anger, anxiety, blood pressure, bowel irritability, bruxism, chronic fatigue, coma, depression, dizziness, emotional problems, fibromyalgia, headache, heart rate, heart rate variability, hyperactivity, hypertension, jaw clenching, memory loss, migraine headaches, pain, palsy, pathological symptoms, PMS, reaction times, sleep problems, spasms, stress-related emotional problems, stress-related physical problems, stroke complications, tics, TMJ, tooth grinding, and vertigo; and
- c. The literature suggests naturopathy may also result in an improvement of addictions, attention, attention deficit disorders, closed head injuries, concentration, courage, feelings of well-being, focus, happiness, head injuries, joy, short and long term memory, mental dexterity and peacefulness; and
- d. Other beneficial side effects may be experienced by some clients.

Section 205 - Code of Professional Ethics

- a. Licensed Traditional Naturopaths are required to post their professional code of ethics in their work place and to give each client a copy of their code of professional ethics; and
- b. The code of professional ethics shall include information stipulating the Licensed Traditional Naturopath will maintain confidentiality of all information obtained from any client unless released by written consent of the client or required by court order; and
- c. The professional code of ethics shall include information concerning the exact services offered by the Licensed Traditional Naturopath; and
- d. The professional code of ethics shall stipulate that chiropractic, dental, medical, psychotherapy and mental health counseling services are not included in the services provided by the Licensed Traditional Naturopath, unless otherwise licensed to provide any of these services, or unless under the supervision of a licensed practitioner lawfully entitled to provide such services; and

e. The professional code of ethics shall stipulate the Licensed Traditional Naturopath is in full compliance with all local, regional, state, provincial and federal laws governing naturopathy services and business operations; and

f. The professional code of ethics shall set forth the mission of the Licensed Traditional Naturopath in easily understood terms.

Section 206 - Informed Consent Form

a. Licensed Traditional Naturopaths shall require the signature of any prospective client on an informed consent form prior to providing any naturopathy services; and

b. The Licensed Traditional Naturopath shall provide all clients with a signed copy of said informed consent form; and

c. The Licensed Traditional Naturopath shall maintain a signed copy of said informed consent form in each clients confidential folder for at least seven years following the termination of services to that client; and

d. Unless otherwise licensed to do so, Licensed Traditional Naturopaths must include the information from Section 201a of these regulations in their informed consent forms; and

e. Unless otherwise licensed to do so, Licensed Traditional Naturopaths must include the information from Section 202a, b, c and d of these regulations in their informed consent forms; and

f. Licensed Traditional Naturopaths must list the possible deleterious side effects in Section 203a, b and c of these regulations in their informed consent forms; and

g. Licensed Traditional Naturopaths may list the possible side effects discussed in Section 204a-e of these regulations in their literature only if such listing includes a disclaimer indicating there is no guarantee a client may experience any of these beneficial side effects.

Section 207 - Professional Conduct

a. Licensed Traditional Naturopaths may not advise, analyze, assess, counsel, cure, denigrate, diagnose, discourage, disparage, endorse, evaluate, manage, medicate, prescribe, prevent, recommend, remedy, suggest or treat any medical, dental, chiropractic, veterinary, or psychological condition, disease or disorder unless otherwise licensed to do so; and

b. The Licensed Traditional Naturopath shall at all times be in full compliance with all local, regional, state, provincial and federal laws governing naturopathy services and business operations; and

c. The Licensed Traditional Naturopath shall continue naturopathic interventions and services only as long as it is reasonably clear clients are benefiting from such services; and

- d. The Licensed Traditional Naturopath shall be truthful in all verbal and written communications with the public and shall not mislead the public in any way whatsoever; and
- e. The Licensed Traditional Naturopath shall report to the proper authorities, with copies of any supporting documentation, any illegal, false or misleading claims made by any other professional whether licensed or unlicensed; and
- f. The Licensed Traditional Naturopath shall protect the rights, welfare and consent of their clients at all times and will not discriminate against any client or prospective client on the basis of age, disability, national origin, sex, sexual preferences, race or religion; and
- g. The Licensed Traditional Naturopath shall not inappropriately touch any client for any reason, and shall immediately report to the authorities any person reported by a client to inappropriately touch that client; and
- h. The Licensed Traditional Naturopath shall not enter into a personal relationship with any client and shall professionally rebuke any attempt by any client to enter into a personal relationship with them; and
- i. The Licensed Traditional Naturopath shall maintain a public professional demeanor at all times.