

## PROFESSIONAL PREPARATION

**Section 101** - To meet the minimum standards for licensure as a traditional naturopath, the applicant shall present satisfactory evidence of having completed an undergraduate education consisting of:

- a. A college degree from an accredited college or university consisting of 120 semester hours; or
- b. The equivalent of a college degree using a combination of college courses from community colleges, junior colleges, occupational schools, approved educational organizations, and work experience.

**Section 102** - Additionally, the applicant shall present satisfactory evidence of having completed a doctoral level graduate degree program in traditional naturopathy from a college or university approved by the Commission and accredited by:

- a. Any federal, regional, provincial or state government or agency; or
- b. The American Association of Drugless Practitioners; or
- c. The American Naturopathic Medical Accreditation Board.

**Section 103** -The academic preparation of the applicant shall include at least three semester hours or 40 clock hours courses in each of the following academic areas:

- a. Basic human anatomy, biology, physiology, meridian anatomy or meridian physiology; and
- b. Advanced anatomy, physiology, meridian anatomy or meridian physiology; and
- c. Aromatherapy or essential plant oils; and
- d. Herbology, herbal preparations or herbalism; and
- e. Homeopathy; and
- f. Acupressure or reflexology; and
- g. Nutrition: and h. Advanced nutrition.

**Section 104** - The applicant shall have completed a three semester hour (or 40 clock hours) course in coaching skills for naturopaths including but not limited to values clarification, mission statements, professional code of ethics, informed consent, time management, active listening, reflective listening, empowering and coaching skills learned through an approved coaching program:

- a. This requirement is waived for licensed therapists including chiropractors, counselors, dentists, medical doctors, psychotherapists, mental health counselors and veterinarians; or

b. This requirement is waived for life coaches certified by a coach certification program recognized by the International Coach Federation; and

c. For purposes of this section, an approved coaching program includes those educational organizations approved by the Commission ([list of approved coaching programs](#)).

**Section 105** -The applicant shall have completed a three semester hour (or 40 clock hours) course in professional ethics, the scope of naturopathy practice, including

a. Proper techniques for client intake; and

b. The proper use of Informed Consent Forms; and

c. The proper handling of client transference onto the naturopath; and

d. The proper handling of naturopath transference onto a client; and

e. The need to refer clients to medical doctors, psychotherapists, dentists, mental health professionals and counselors.

**Section 106** - Licensed Traditional Naturopaths whose scope of practice includes naturopathic interventions with animals shall have the following additional academic preparation:

a. Animal anatomy and physiology with emphasis on body systems and naturopathic interventions; and

b. Forty clock hour, practicum with a qualified veterinarian and under the supervision of a qualified instructor of naturopathic veterinary practices.

**Section 107** - The Commission reserves the right to deny any candidate a license as a Traditional Naturopath based on the results of a background check into criminal activities.