

## **PROFESSIONAL PREPARATION**

**Section 101** - To meet the minimum standards for licensure as a biofeedback therapist, the applicant shall present satisfactory evidence of having completed:

- a. A college degree from an accredited college or university consisting of 120 semester hours; or
- b. A nursing degree consisting of 60 semester hours and evidence of 800 clock hours experience as a Registered Nurse; or
- c. The equivalent of a college degree using a combination of college courses from community colleges, junior colleges, occupational schools and approved educational organizations; and each 40 hours of occupational training in any of these areas shall be equivalent to 3 semester hours of academic study; and
- d. Work experience in acupressure, biofeedback, chiropractic assistant, counseling, dental assistant, energy medicine, esthetician, exercise physiology, herbology, homeopathy, hydrotherapy, hypnotism, massage therapy, naturopathy, neurotherapy, nurses assistant, nursing, nutrition, paramedic, occupational therapy, physical therapy, physicians assistant, practical nursing, recreational therapy, reflexology, rehabilitation therapy, respiratory therapy, speech pathology, sports medicine practitioner, or veterinary assistant; and each 80 hours of work experience in any of these areas shall be equivalent to 3 semester hours of academic study.

**Section 102** - Approved educational organizations shall be those institutions and organizations approved or accredited by: a. Any federal, regional, provincial or state government or agency; or

- b. The Natural Therapies Certification Board (NTCB); or
- c. Any other organization accepted and approved by the Commission as a reliable education provider.

**Section 103** - Three semester hour or 40 clock hours course in human anatomy, human biology, human physiology, meridian anatomy, meridian physiology or any combination of these is required; and this requirement may be satisfied by: a. Three semester hours of classroom instruction by an approved educational agency; or

- b. Forty classroom hours of instruction by an approved educational agency; or
- c. Forty continuing education units of instruction over the Internet, by correspondence or a combination of these provided by an approved educational agency; and
- d. Licensed Biofeedback Therapists may work with animals only after completing a three semester or forty clock hour course in animal anatomy, biology or physiology.

**Section 104** - Three semester hours (or 40 clock hours) of coaching skills including but not limited to values clarification, mission statements, professional code of ethics, informed consent, time management, active listening, reflective listening, empowering

and coaching skills learned through an approved coaching program: a. This requirement is waived for licensed therapists including chiropractors, counselors, dentists, homeopaths, medical doctors, natural health practitioners, naturopaths, oriental medicine practitioners, psychotherapists and veterinarians; and

b. This requirement is waived for life coaches certified by any coach certification program recognized by the International Coach Federation; and

c. For purposes of this section, an approved coaching program includes only those educational organizations approved by the Commission ([list of approved coaching programs.](#))

**Section 105** - Candidates shall complete a forty clock hour basic skills workshop on biofeedback including: a. Two clock hours on the definition, objectives and goals of biofeedback; and

b. Two clock hours concerning client and practitioner transference and professional conduct; and

c. Four clock hours of hands-on experience with several different biofeedback devices other than the major device to be used in clinical practice; and

d. Four clock hours learning about and practicing complementary therapies to biofeedback such as affirmations, autogenic training, deep breathing exercises, guided imagery, neurofeedback, pain management skills, relaxation training, stress management skills, visualizations to reduce tension and other selected therapies; and

e. Eight clock hours writing, editing and sharing both an acceptable code of professional ethics and informed consent form; and

f. Eight clock hours learning training protocols while using the major device to be used in clinical practice; and

g. Eight clock hours practicum of practical hands-on clinical practice under the direct supervision of qualified classroom instructors with a one teacher to five student ratio or less, while using the major device to be used in clinical practice.

**Section 106** - During the professional training described in Section 105, candidates must demonstrate basic knowledge of the operation and function of the following classical biofeedback devices:

a. Electrodermal Resistance (EDR) or Galvanic Skin Response (GSR)

b. Electromyograph (EMG) or Surface Electromyograph (SEMG)

c. Heart Rate (HR) or Heart Rate Variability Trainer (HRV)

d. Temperature Trainer (Temp)

e. Electroencephalograph (EEG)

**Section 107** - Candidates will be aware of the uses and function of subtle energy biofeedback devices, including but not limited to: a. Bioelectromagnetic

- b. Bioenergetic
- c. Bioresonance
- d. Electrodermal Screening System
- e. Extremely Low Frequency (ELF) Wave
- f. Magnetic Energy
- g. Quantum Energy

**Section 108** - Candidates will be aware of the uses and function of biofeedback stimulation devices, including but not limited to: a. Audio-Visual entrainment

- b. Cranial Electrotherapy Stimulation (CES)
- c. Microcurrent Electrical Stimulation (SCENAR)
- d. Pulsed Electromagnetic Field (PEMF) (Kinesthetic entrainment)
- e. Pulsed Light Emissions (Visual entrainment)
- f. Pulsed Sound Emissions (Auditory entrainment)
- g. Superconducting Quantum Interference Device (SQUID)
- h. Transcutaneous Electrical Nerve Stimulation (TENS)

**Section 109** - All biofeedback devices used by candidates and licensed biofeedback therapists shall guarantee client safety: a. All biofeedback devices are to be lawfully manufactured under current ISO standards adopted by the International Organization for Standardization; and

- b. All biofeedback devices shall be legally registered by the appropriate governmental agency in the country in which the equipment is to be used; and
- c. Licensed medical doctors, chiropractors, dentists and veterinarians, and may use any biofeedback equipment authorized by their license regardless of the lawful registration of said devices; and
- d. Licensed Biofeedback Therapists working under the direct supervision of a medical doctor, chiropractor, dentist or veterinarian, may use any biofeedback device for any purpose authorized by such supervisor.

**Section 110** - Legal notice regarding the use of non-registered biofeedback devices:

a. Licensed Biofeedback Therapists are hereby notified it is illegal to connect a client to any biofeedback device that is not lawfully registered in the country in which the device is being used; and

b. Courts of law may invalidate any informed consent forms provided by a Licensed Biofeedback Therapist based on the use of non-registered biofeedback equipment; and

c. Insurance companies may deny third party payments to any Licensed Biofeedback Therapist based on the use of non-registered biofeedback equipment; and

d. Professional liability insurance companies may deny both defense against and payment for malpractice claims made against Licensed Biofeedback Therapists based on the use of non-registered biofeedback equipment; and

e. The License Commission may suspend or terminate the biofeedback license of any Licensed Biofeedback Therapist who uses non-registered biofeedback equipment with his or her clients; and

f. Any governmental agencies may take such action as the law permits against Licensed Biofeedback Therapists who use non-registered biofeedback devices with their clients, including arrest, detention, fines, confiscating non-registered devices and client records.

**Section 111** - The Commission reserves the right to deny any candidate a license as a Biofeedback Therapist based on the results of a background check into criminal activities.